

COMMUNITY SONG

IF WE HOLD ON TOGETHER

(By Diana Ross)

Don't lose your way with each passing day
You've come so far, don't throw it away
Live believing dreams are for weaving
Wonders are waiting to start
Live your story - faith, hope and glory
Hold to the truth in your heart

Refrain:

If we hold on together
I know our dreams will never die
Dreams see us through to forever
Where clouds roll by, for you and I

Souls in the wind must learn how to bend
Seek out a star, hold on to the end
Valley, mountain, there is a fountain
Washes our tears all away
Words are swaying, someone is praying
Please let us come home to stay

Repeat refrain

When we are out there in the dark,
we'll dream about the sun
In the dark we'll feel the light warm our hearts, everyone

If we hold on together
I know our dreams will never die
Dreams see us through to forever
As high as souls can fly
The clouds roll by for you and I

Out-of-Venue Meeting
7:00 pm, October 5, 2010
Informatics SM City Annex, Quezon City

P R O G R A M

Call to Order	Pres. Ma. Elisa "Baby" Allado
Invocation	VP & Treasurer Alexander "Alex" Arrojo
National Anthem	PE Alejandro "Alex" C. Buot, JR.
The 4-Way test	Rtn Nick "Capt." Torre III
Introduction of Visiting Rotarians & Guests	Sec. Bernadette "Badette" Redublo
Announcements	Sec. Bernadette "Badette" Redublo
Tour of Informatics SM City Annex	IPP Daniel "Boone" Ongchoco and Rtn. Felicitas "Tas" Millena
Computer Tutorials	Rotaractors of Informatics Diliman
Community Singing	PP Alfonso "Ponchit" Miranda
President's Time	Pres. Ma. Elisa "Baby" Allado
RCNMH Hymn	PP Francisco "Boyett" Alfonso
Adjournment	Pres. Ma. Elisa "Baby" Allado

Night Chair : Dir. Glenn Macatiag

President's Corner

Ma. Elisa "Baby" Allado

"UNPROFITABLE SERVANTS"

Pardon me if I wax religious in this issue but the reflection from last Sunday's missalette drew my attention as it drives home a very important lesson for volunteers like us. I share with you this reflection by Fr. Tim Melliza entitled "We are Unprofitable Servants"

He says that when we hunger for 'thank you's' after doing something for others and get annoyed when we don't hear them, we may be placing too much importance on ourselves, and by seeking recognition we can be considered more selfish than the "ingrates". He expounds on this by saying that as servants, "God acts through us", being the author of our good deeds and words, the source of our talents and capabilities and our enabler. Hence we cannot claim the credit for the fruits of such gifts from God.

How often do we hear comments like, "It is a thankless job". It expresses one's desire for human applause, praise and thanksgiving when we do good. In the process, the meaning of our actions are obliterated and self-serving ends come into fore. We become frustrated and get 'burned out' because we lose sight of our 'servant-hood'. Sometimes this can turn people off regardless of the benefits they derive from our actions,

A true servant would advise the beneficiaries of one's good deeds to channel their gratitude and attribute all the glory and thanksgiving to God instead. Such humility will open the hearts of others. Accolades do not a good servant make. What matters is that God recognizes our good deeds and loving hearts and will take care of rewarding us later.

Our spiritual journey must therefore be rooted on a "sense of nothingness". In other words, God cannot enter our hearts unless we have emptied ourselves of all vainglory, feelings of greatness or even believing that we can attain success on our own. After all, if God does not will it, there is nothing we can do.

As Rotarians serving above ourselves, we must always keep these lessons in mind. True happiness and contentment can only be attained with this kind of attitude.

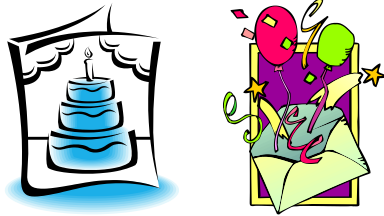
WHERE TO MAKE-UP

Monday	RC Metro Sta Mesa RC Tomas Morato RC Ayala Heights RC Roxas	7pm Rotary Center 7pm Sulo Hotel 7:30pm Rotary Center 8pm Rotary Center
Wednesday	RC Cubao EDSA RC New Manila RC Mega EDSA RC Tandang Sora RC Bagong Silangan	7pm Rotary Center 7:30pm Rotary Center 7:30 pm Rotary Center 7:30pm Rotary Center 8pm Rotary Center
Thursday	RC Capitol Hills RC Commonwealth RC Kagitingang Cubao RC Pag-asa RC Paraiso	7pm Serye (QC Circle) 7pm Heat EDSA Shangri-la 7:30pm Camp Aguinaldo 8pm Jollibee East Ave/V Luna 8pm Rotary Center
Friday	RC Cubao East RC Cosmopolitan Cubao RC Metro Diliman RC Kamuning West RC QC Circle RC SFDM Central	7pm Tang Kang Resto, Roces Ave 8pm Rotary Center 8pm Rotary Center 8pm Rotary Center 7pm DAR FAPSO 8pm Rotary Center
Saturday	English Enhancement & Personality Development Program 1-3pm at P. Bernardo High School, P. Tuason Blvd. QC	

Certificate of Attendance

This certifies that Rotarian _____
attended the regular weekly meeting of Rotary Club of New Manila
Heights held at Informatics SM City Annex, Quezon City on October 5,
2010.

Bernadette Redublo
Club Secretary



Greetings to our Celebrants!

Birthdays

October 9- PP Raffy Pefianco
October 27 – PE Alex Buot
October 27 - Dir. Josie Ang

Wedding Anniversary

October 2 - PDG Mar and Tita Inday Nery
October 4 – PP Butch Pacana and Spouse Connie

CALENDAR OF ACTIVITIES

- Sept 28- Oct 2 - Rotaract Brick Road Virus Alert in Cainta
- October 2 - Livelihood workshop Bead wallet-making by Rtn Irma Pizarro at Barangay Horseshoe
- October 3 – Rotaract Orientation Visit, St. Anne Family Home, Cainta
- October 4 – Teachers’ Awards – P. Bernardo High School (9am)
 -Gov Ambo Golf Tournament, Camp Aguinaldo (6-9am)
- October 5 – 7pm –Out-of Venue-Meeting-
 Visit to Informatics SM Annex
- October 8 – Career Talks at P. Bernardo High School (9am -12nn)
- October 10 -Launching of World Planting Day, QC Memorial Circle (8:30am)
- October 12 – Guest Speaker – Former Sandigan Bayan Justice Cristina Cortes-Estrada – “Leadership & Parenting by Example”
- October 15 – Selection of Winners -Propagating the 4-way test contest
- October 19 – Classification Talk – Rtn Nick Torre
- October 26 - Launch of Anti-Violence Program for the Youth
- October 28 – Teachers’ Seminar P. Bernardo High School
 1-2 pm – PP Elsa Unson – “Spiritual Values Formation”
 2-3 pm – Pres. Baby Allado – “Wellness”
 3-4pm – Rtn Irma Pizarro – “Intro to Bead wallet-making”

Prayer



Bless us Heavenly Father as we celebrate Vocation month this October. Guide us in our daily work that we may adhere to the highest of ethical standards. Inspire us to become models of truth and fairness and bring goodwill to all. Lead us to the right path always.

Lord, we pray for all Rotarians that they may utilize their vocations in the service of others. Equip them with compassion and a firm resolve to make this world a better place to live in. Help us do our part in protecting and preserving our environment so that the gifts You have given us may be restored.

Continue to look after the needs of our Club, dear God, so that we may be able to achieve our goals and aspirations. We do not expect any returns except to know and see that we have served thee well. Amen.

QUOTE OF THE DAY

"Do what you can, with what you have, where you are."

~Theodore Roosevelt

THOUGHT OF THE DAY

"Ability is what you're capable of doing. Motivation determines what you do. Attitude determines how well you do it."

~Lou Holtz

From Motivation in a Minute



Congratulations to our Attendance 100 percenters for the first quarter – PP Ponchit Miranda, PP Jodie Moreno, PE Alex Buot, and PP Boy Escueta



Our bowling team – PP Ponchit, Rtn Ding, Spouse Joy Arrojo, VP/Treas/Team Capt. Alex A, PP Boyet and PE Alex B. Other players not in picture are Rtn Annabelle, and Rtn Nick – Class A champions? Maybe this year, maybe next year, maybe maybe...



From PE Alex B - Our rank after the first game is 7th - or 7th of 7 in Class "A", and that's because of, as I said, the "jitters". The first game score would have landed us 4th in Class "B" of 7 had we landed in Class "B". We will know next Sunday the outcome of Game 2.

"Way Down Yonder in New Orleans"



There have been many songs written about New Orleans due to its history and heritage as one of the music capitals of the world. I particularly like the happy sound of "Way Down Yonder in New Orleans," whose lyrics now beckon us as we think about the 2011 RI Convention in that city, 21-25 May – a full month earlier than the RI conventions in recent years!

The New Orleans convention will officially start on Saturday – not on Sunday as it has for the past few years. The House of Friendship, the showplace of our annual conventions, will open on Saturday morning, and all preconvention meetings will end at noon on Saturday, to allow Rotarians and their guests to spend more time there before the plenary sessions start on Sunday.

Additional good news is that the House of Friendship will be located right next door to the plenary session hall in the convention center, and the hours of operation will be extended to permit more fellowship and networking time for our visitors from around the Rotary world. It will be the place to be for Rotarians and their families!

How does one adequately describe the magic, the vibrancy, and the inspiration of a Rotary convention? Our conventions almost defy description because they are so diverse in their appeal. Rotary fellowship and networking are at their best as we meet our fellow Rotarians from around the globe, and international service is truly enhanced as Rotarians make new friends from faraway places. So the best way to understand and appreciate a Rotary convention is to attend the outstanding event being planned for New Orleans. It will be one of the best RI conventions ever! I guarantee it!

Come join us in New Orleans as we work together to make the world a better place. And Let the Good Times Roll ... Again! *Laissez les bon temps rouler ... encore!*

Ray Klingensmith
President, Rotary International

Photo Gallery



Pres. Baby with Gov Ambo and GPs Grace Vinarao (RC Eastwood) & GP Adel Corpus (RC Camp Aguinaldo) during Avon Walk & Run against Breast Cancer at Mall of Asia on Oct 3



P. Bernardo High School Principal Zenaida Arao & RCNMHers who graced the World Teachers' day celebration last Oct 4 and donated gifts to 16 teacher Awardees (31 to 40 years of service)



Pres. Baby with Rtn & Red Crosser Janice and Red Crosser Flor

Pres. Baby with Vice-Mayor Sicat who also happens to be a Rotarian



ROTAFACTORS HELP ORIENT A PROSPECTIVE ROTARACT CLUB

By: Malky Salvador, Rotaract Brick Road

"The purpose of the Rotaract is to help people" RCNMH Past President Dennis Arca said as he shared some basic knowledge about the club to an audience of nineteen young ladies at the Family Home of the Sisters of Saint Anne. "We are an organization that aims to help worthy students such as yourselves in leadership and self-improvement" continued Sir Dennis.

Held by the Rotaract club of Brick Road, the project was conceptualized by RCNMH President Dra. Baby Alliado, Past President Dennis Arca, Rotaractors Leonardo Felicitas, Charles Manzo, Michael Gochangco, Sharmaine Punzalan and Kenneth Montealegre.



The activity started at three o'clock Sunday afternoon (Oct 3), where the more than welcoming nuns of St. Anne, especially Sister Nerina, gathered the ladies to be oriented on Rotaract. After the formalities, Dra. Baby gave a short but direct introduction on the



Orientation session in fulfillment of her promise to the girls a year ago. Sir Dennis Arca then delved deeper on the topic followed by a testimonial given by our very own Leonardo Felicitas, Rotaract Brick Road President, on what

it's like being a Rotaractor. Being a Rotaractor is a ride full of meeting people, helping them and getting to hang out with these people or with your fellow Rotaractors. It's quite rewarding, really. That was my first time as a Rotaractor and I found myself really enjoying my role as emcee of the activity. Being a member is more than just being a club member and a bag of nuts, it's all about self-improvement.

WEEK-LONG VIRUS ALERT HEALTH CAMPAIGN A SUCCESS!

By: Shirly Valdez, Rotaract Brick Road

Rotaract Brick Road in partnership with Rotary Club of New Manila Heights (RCNMH), Philippine Red Cross Quezon City Chapter and the Sangguniang Bayan Secretariat of Vice-Mayor Atoy Sicat launches their first ever Virus Alert health campaign for Dengue, AH1N1 and Sore Eyes in different barangays in Cainta, Rizal from September 28 –October 2, 2010.

The activity was planned thoroughly by the Rotaract officers. They divided their group into two, Team A led by Leo Felicitas with Jenica Capati, Joan Hubilla, Michael Gochangco & Sharmaine Punzalan, Jerome Ponce; and Team B led by Charles Manzo with Kenneth Montealegre, Gerald Tecson, Art Irlandez, Jeric Dizon, Carlos Cabuquit and Tundy Tundag,

The 1st day of the campaign (Sept 28) was held at Bgry. San Andres Gym which was participated in by students, parents and teachers of F. Felix Elementary School. Mr. Howell Mabalot, Vice-President of Informatics International College Cainta campus and also



a Rotarian from RCNMH gave his inspirational remarks for the participants on behalf of Informatics CEO Daniel Ongchoco. The health information seminar was discussed by Ms. Janice and Mr. Ruben of Red Cross.

The 2nd day of the campaign (Sept 29) was held in front of Bgry. Santo Nino which was participated in by the mothers in the barangay. Dra. Baby Allado, RCNMH President delivered inspirational remarks and gave some snacks for the audience. Ms. Janice and Ms. Flor of Red Cross gave their lecture on health awareness.



The 3rd day of the campaign (Sept 30) was the toughest part for the Rotaract campaign because it rained so hard but this did not stop the vendors and parents of Anak Pawis in Bgry. San Juan, who were very interested in gaining knowledge about the viruses, from attending. President-elect Alex Buot of RCNMH gave his inspirational talk and full support to the campaign in spite of heavy rains and narrow streets. Leo Felicitas, Rotaract Brick Road President, discussed the health awareness portion using the knowledge he gained after two days of listening to the Red Cross lecturers.

The 4th day of the virus alert (Oct 1) was held at the Pillar of Truth Christian Church Hall in Village East Cainta. The participants are the out of school youth of SERVE Foundation which is also one of the adopted schools of Rotaract Brick Road. The nursing students of Pamantasan ng Lungsod ng Marikina, Emmalou Charvet and Lois

Dela Cruz, shared their knowledge in the campaign.

The activity was supported by different clubs in IIC Cainta, hosted by different club moderators, the academic department, NSTP students, marketing department and services department of the campus.

The entire campaign was successful because the youth, in their own little way, shared their time and resources for the community and showed their concern for everyone. Being a student can really be



stressful. There's the constant reviewing, assignment completion, scouring program codes all that stuff. From that you'd think that I'm a bit of a too serious person, someone who has no time for extra-curricular activities. Thing is, I am. Club activities are just not my thing with an exception of being a Rotaractor though.