

## WHERE TO MAKE-UP

Monday	RC Metro Sta Mesa	7pm Rotary Center
	RC Tomas Morato	7pm Sulo Hotel
	RC Ayala Heights	7:30pm Rotary Center
	RC Roxas	8pm Rotary Center
Wednesday	RC Cubao EDSA	7pm Rotary Center
	RC New Manila	7:30pm Rotary Center
	RC Mega EDSA	7:30 pm Rotary Center
	RC Tandang Sora	7:30pm Rotary Center
	RC Bagong Silangan	8pm Rotary Center
Thursday	RC Capitol Hills	7pm Serye (QC Circle)
	RC Commonwealth	7pm Heat EDSA Shangri-la
	RC Kagitingang Cubao	7:30pm Camp Aguinaldo
	RC Pag-asa	8pm Jollibee East Ave/V Luna
	RC Paraiso	8pm Rotary Center
Friday	RC Cubao East	7pm Tang Kang Resto, Roces Ave
	RC Cosmopolitan Cubao	8pm Rotary Center
	RC Metro Diliman	8pm Rotary Center
	RC Kamuning West	8pm Rotary Center
	RC QC Circle	7pm DAR FAPSO
	RC SFDM Central	8pm Rotary Center
Saturday	English Enhancement & Personality Development Program 1-3pm at P. Bernardo High School, P. Tuason Blvd. QC	

### Certificate of Attendance

This certifies that Rotarian \_\_\_\_\_  
attended the regular weekly meeting of Rotary Club of New Manila  
Heights held at Peñafrancia Hall, Mt. Carmel Shrine, Quezon City on  
November 30, 2010.

Bernadette Redublo  
Club Secretary

Rotary Club of New Manila Heights  
REGULAR WEEKLY MEETING  
7:30 pm, November 30, 2010 (Tuesday)  
Mt. Carmel Shrine Parish, Peñafrancia Hall, 5<sup>th</sup> St., Quezon City

## P R O G R A M

<b>Call to Order</b>	Pres. Ma. Elisa "Baby" Allado
<b>Invocation</b>	Dir. Aladin "Al" Villacorte
<b>National Anthem</b>	PP Dennis "Dennis" Arca
<b>Introduction of Visiting Rotarians &amp; Guests / Announcements</b>	Sec. Bernadette "Badette" Redublo
<b>The 4-Way test</b>	Rtn. Crispina "Cris" Yenke
<b>Rotary Information</b>	PDG Mario "Mar" Nery
<b>Community Singing</b>	Dir. Francisco "Pancoy" Saavedra
<b>Finest Moments</b>	Rtn. Irma "Irma" Pizarro
<b>Introduction of Guest Speaker</b>	Rtn Annabelle "Anabel" Jereza
<b>Media Coverage of Criminal Trials</b>	Atty. Redemberto "Dems" Villanueva
<b>Presentation of Plaque &amp; Token</b>	
<b>President's Time</b>	Pres. Ma. Elisa "Baby" Allado
<b>RCNMH Hymn</b>	Dir. Josie "Capitana" Ang
<b>Adjournment</b>	Pres. Ma. Elisa "Baby" Allado

**Night Chair:** PP Rtn Annabelle "Anabel" Jereza  
**Dinner Host:** PP Jun San Juan

## President's Corner

Ma. Elisa "Baby" Allado

### BEING HUMBLE

Let me share with you the thoughts of Bo Sanchez on humility.

He says that humility starts from staying empty and has three (3) distinct expressions: A humble person is a **seeker**, a **student** and a **servant**. But humility must not be confused with timidity, shyness or low self-worth. For a person can be confident and aggressive but still stay humble.

He illustrates being a seeker by the statement that "Life is a giant exam". Some problems are easy because you have solutions to them but some problems are just so insurmountable that we have to seek God's help for a solution. Show humility by emptying yourself, allowing God to "fill you up" and leaving space for blessings.

Secondly, he espouses that a humble person must be "teachable". Hence sports icons and successful persons maintain mentors or coaches although they are already considered the best in their craft. A saying goes: "the more you know, the more you know that you don't know". He advises that the more one succeeds, the more humble that person should be and that the day a successful person stops being humble is the day he prepares for his downfall. Again, there is a need for staying empty because the moment you think you are full, there is no more space for anything new to come in. He believes that having a mentor is the shortcut to success. Learnings come from listening to homilies at church services, reading books, befriending wise men and listening to stories of ordinary people around you. Try talking to the driver the next time you take a cab and you will learn so much about life. I am always amazed by their comments & opinions.

Finally, humility is emptying by pouring ourselves to others in service, with selflessness and kindness.

As Rotarians we aim to serve others above ourselves. But let us not forget that our successes and the awards we receive are incidental. The important thing is that we learn from our mistakes, stay empty and be humble.

## PHOTO GALLERY

Italian salad, pasta and chicken meal prepared by Chef Candy Ang



Edward Aquino delivering Classification Talk



RCNMHers listening intently to the ins and outs of refereeing in professional & amateur basketball in the Philippines



A toast to the Birthday celebrants!!!



# Crossroads

PDG Mario R. Nery

## ITS ELECTION TIME AGAIN

In accordance with the Rotary calendar, the next three months will be rife with election fever. This can either be positive or negative. It is positive when the election exercise is focused on choosing the best possible candidates for all the positions available. It is negative when the process is tainted with electioneering, which is prohibited, and results in electing only the popular, the moneyed and the ambitious.

It is every member's responsibility to choose according to the dictates of his/her conscience, and that conscience ought to be guided by the Four-Way Test and Service Above Self, at the very least. Using those principles as a guide, the member( or the club) then chooses who can best promote the ideals, the building principles and the traditions of Rotary. The opposite is to choose based only on friendship, relationship and worse, the promise of a position. This leads to electing a transactional, instead of a transformational leader. This is true for any position in the district, and is a sure road to disaster.

In management, there is something called the "tipping point". Very simply, it means that if you don't stop where you're going, you will surely reach there. If your standards continue to deteriorate, the "there" is that situation when you can no longer reverse directions. The Most Outstanding Rotary Club cannot allow itself to reach that point. We must exercise our choices very well, so that we can continue to be outstanding.

## Update on the PEP (Pasiglahin ang Estudyanteng Pinoy) feeding program at P. Tuason Elementary School



Food presentation is important too

Menu for the day:  
Sinigang na isda sa miso



Queueing and waiting for names to be called

President Baby and PE Alex B do an ocular inspection of the ongoing 6-month school-based feeding program for children aged 7-9 years old



## Community Song

### STAND BY ME

By John Lennon

When the night has come  
And the land is dark  
And the moon is the only light we see  
No I won't be afraid  
No I won't be afraid  
Just as long as you stand,  
Stand by me

And darling, darling stand by me  
Oh now, now stand by me  
Stand by me, stand by me

If the sky that we look upon  
Should tumble and fall  
And the mountain should crumble to the sea  
I won't cry, I won't cry  
No I won't shed a tear  
Just as long as you stand,  
Stand by me

Refrain  
And darling, darling stand by me  
Oh, stand by me  
Stand by me, stand by me  
stand by me

Now we will just wait  
It looks like its taking so long  
But I like their songs and I hope you guys too  
Here it comes

Whenever you're in trouble won't you stand by me  
Oh, now, now, stand by me,  
Oh, stand by me, stand by me, stand by me

Repeat refrain

## Prayer



**Lord Our God, thank You for tonight. Thank you for the guests You have brought to this Club. Bless each and everyone here so that we may live the 4-way test at all times.**

**As we enter into the season of Advent, we want to prepare our hearts to commemorate Your coming to us. Cleanse our hearts and minds of all that is not of You so that we may be worthy of becoming those whom You desire to save. Come, O come, Emmanuel and ransom us from the worldly things that enslave us and keep us from drawing near to You. Come, O come, Emmanuel. Come alive in our hearts so that we may radiate Your light and love to others. May Christmas be for us a time of great rejoicing because we know that You have come to us. We pray all these with expectant hearts. Amen.**

### QUOTE OF THE DAY

**"The final forming of a person's character lies in their own hands."**

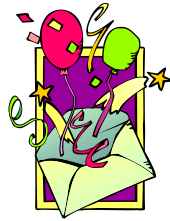
**~Anne Frank**

### THOUGHT OF THE DAY

**"Men acquire a particular quality by constantly acting in a particular way. We become just by performing just actions, temperate by performing temperate actions, brave by performing brave actions."**

**~Aristotle**

From Motivation in a Minute



## A Toast to our Birthday Celebrants!

**November 12 – Alex Arrojo**  
**November 18 – Lea Laforteza**  
**November 19 – Boyet Alfonso**  
**November 23 – Ponchit Miranda**

## CALENDAR OF ACTIVITIES

### NOVEMBER – ROTARY FOUNDATION MONTH

November 2 – Start of World Interact Week  
 Classification Talk – Rtn. Rhose Montreal  
 November 4 – Vocational Awards night  
 6:30 pm Tejeros Hall, AFPCOC, Camp Aguinaldo  
 November 6 – Ballroom Dancing Fundraiser  
 6:30pm 4<sup>th</sup> floor, Rotary Center  
 November 9 – RCNMH Paul Harris Recognition Night  
 Distribution of Nomination Forms  
 November 13 – MOA Signing “Every Reader a Leader”  
 Program (RID 3780, RID 3830 & Asia Pacific College)  
 November 14 – Pacquiao- Margarito fight Fundraiser  
 8:00am Mark Horan Hall, Mt Carmel Shrine  
 November 16 – Interact Night  
 November 19 – Livelihood –How to prepare Pickled  
 Vegetables- 2-5pm -Brgy Horseshoe MPH  
 November 23 – Classification Talk – Edward Aquino  
 November 24 – PBHS students at PBA Games, Araneta  
 November 25 – ‘Magsimula Ka’ Fundraiser  
 Music Museum  
 November 26 –9am RID 3780 “Araw ng Pagbasa” Project  
 PBernardo & PTuason elementary schools  
 RCNMH Board meeting  
**November 30 – Guest Speaker – Atty Dems Villanueva**



## GUEST SPEAKER TONIGHT

### ATTY. REDEMBERTO R. VILLANUEVA

**BUSINESS** : **RESIDENCE**  
*RRV LEGAL CONSULTANCY* : *Unit-20 Eisenhower Condominium*  
*Penthouse, C.C. Castro Int'l. Bldg.* : *Greenhills, San Juan, M.M.*  
*#38 Timog Avenue, Quezon City*  
**CONTACT NOS.** : *411-2065 / 410-9777/ (0917) 427-8637*  
**DATE OF BIRTH** : *June 6, 1959* **PLACE OF BIRTH**: *San Pablo City*  
**CIVIL STATUS** : *Married* **SPOUSE** : *Dra. Ma. Antonia Nevada*  
*(from Baguio City)*

### EDUCATIONAL ATTAINMENT

**HIGH SCHOOL** : *Ateneo De Manila High School (1976)*  
**COLLEGE DEGREE** : *Ateneo de Manila University, A.B. Economics (1980)*  
**GRADUATE STUDIES:** : *Ateneo de Manila College of Law, Bachelor of Laws (1984)*  
*:Admitted to the Practice of Law (1985)*

(With Average of **87.475**; Highest rating is in Remedial Law: **99%** & Criminal Law: **98%**)

### APPEARED AS COUNSEL In several cases such as:

1990- Rene Imperial in Sweeptakes Scam  
 1991- Several Libel Cases, Drug Lord Investigations  
 1993- Lenny Villa Frat Hazing Case, Cochise-Beebom Double Murder Case;  
 1994- Teodoro-Puyat Millionaires’ Death Case, Anjo Yllana-Royett Padilla Homicide;  
 1996- Jalosjos Case;  
 1990 -Senator Sotto and Col. Vinculado Senate Inquiries;  
 1998- Tiongco Drug Cases;  
 1999 -PNP Chief and Madraso Drug Case, Gambling Lord Cases;  
 2000 -Impeachment Case Against Pres. Estrada;  
 2001 -Manor Hotel Fire Where 74 People Were Killed/Lawyer of City Engineer & City  
 Building Official;  
 2002 -AFP 201 Million Scorpion Tanks Anomaly, Case Against the New OFW Rules  
 Representing Recruiter’s Association, Case Against DENR & Mining Operations in Antipolo to  
 Prevent Similar Cherry Hills Tragedy.

### BUSINESS & PROFESSIONAL POSITIONS

**CHAIRMAN/TREASURER** : *Small-Scale Ventures, Inc.*  
**SENIOR NAMED** : *The Law Firm of Lazaro, Liwag,*  
**PARTNER** : *Balisado & Villanueva (1985)*  
**MEMBER** : *Integrated Bar of the Philippines*  
**FACULTY** : *Phil. School of Business Adm.*  
*(Handling Obligations and Contracts SY 1987-1988)*  
**SPEAKER** : *Phil. Int’l. Coordinating Council For Youth Development Affairs*  
**RESOURCE SPEAKER** : *Phil. Insurance Agents on the topic: ‘WILLS & SUCCESSION’*  
**CORPORATE SECRETARY** : *Several Corporations*  
**MANAGING LAWYER** : *RRV Legal Consultancy Firm*  
**GENERAL COUNSEL & LEGAL CONSULTANT** : *of various corporations*

# ARAW NG PAGBASA – Nov. 26, 2010



Grade 2 students with teachers, Jerby Cruz, Rtn Rhose Montreal, IPP Boone Ongchoco and Pres. Baby Allado

PBA player Jerby Cruz of team Rain or Shine reads to Grade 2 students at P. Tuason elementary school, QC



# Quote of the month: Rotary is an opportunity

Rotary International News – 24 Nov 2010

Each month, we highlight Rotary history and share an inspirational quote from past Rotary leaders. November's quote:

"A Rotary club gives us an opportunity that no social, political, or specialized business club can do. It is strong on the human side; it stands for the individual, unfetters him, appeals to his originality, brings out his latent powers, and puts him at his best by extending him the full measure of his confidence and appealing to the best that is in him — 'service not self.' "

-- 1912-13 RI President Glenn C. Mead in *The National Rotarian*, January 1912



Interactors gladly receive RCNMH donation of T-shirts for their use during the District gift-giving to National Children's hospital patients on Dec. 4 where they will be doing interpretative dancing



Rtn Nick Torre is champion of the Standard Division, Gov Ambo Gancayco Fun Shootfest at Armscor, Marikina on Nov. 27, 2010. Congratulations "Capt"!!!!



Champion, Standard Division  
ROTARY CLUB OF NEW MANILA HEIGHTS